



Presents Interschool Tournament

Sunday, January 31st, 2010

Amerikick Langhorne

ALL AGES AND BELT LEVELS WELCOME!

Check out
the new
rules and
divisions!



Become an
AKL
Champion

Register Today!

Our tournaments are FUN & SAFE. Every student competes at their own age and belt level. The AmeriKick League is open to all AmeriKick Students in good standing at any of the AmeriKick locations. AmeriKick students compete at the tournaments held in their state/conference. They will acquire rating points and they will be ranked based on their placing at the AmeriKick tournaments for their respective divisions. Students will then be ranked in their AmeriKick School, their state/conference and overall the AmeriKick Karate League. Each State/Conference will hold four tournaments. Students ranking in the top places at year end will be awarded prizes and scholarships.

**AmeriKick Langhorne
2038 East Old Lincoln Hwy
Langhorne, PA 19047
(215) 757-5717**

DEMO TEAM

CHALLENGE AT 11:30

2010 Schedule	
January 31	AmeriKick Langhorne
March 26-27	AKI Internationals-Philadelphia
June 6	AmeriKick South Philly
October 3	AmeriKick Warrington
November 21	AmeriKick Northeast Philly

Every Competitor Receives a Medal!!

Forms, Extreme Forms, Traditional Forms, Weapons, Open Musical Forms/Weapons

All divisions are separated by age and belt level below. The times are approximate times that the divisions will begin. Format is has follows - Forms followed by Weapons then Sparring. All divisions will award the top eight players. All other players placing below eighth place will be a finalist.

Forms/kata - Only official Unaltered Amerikick Forms/kata. It must be the form/kata for that color belt. A competitor may use a form/kata lower then their belt but never a higher form.

Extreme Forms - For Advanced and Black Belts only. They may create their own extreme form with any tricks or inverted techniques. It is an open division where anything is allowed.

Traditional Forms - For Black Belts only. They may use any traditional based unaltered form. Examples; Koryo, Tiger set, any Adult Kenpo form, Korean, or Japanese Form.

Musical Forms/Weapons - This division is an open division for everyone. Music is allowed and it is can be a extreme, creative, or traditional form. They can use weapons in this division.

Weapons - All ages and levels may compete in a weapons divisions. Competitors will be judge on the use of their weapon.

Sparring, Tag Team Sparring, & Grappling

Scoring and Points: All hand techniques are one point. All kick techniques are two points. Whoever reaches 7 points first or has the most points in two minutes wins the match. The final match will be total points or 7 point spread to determine the first and second place winner.

Tag Team - Two competitors team up and can tag each other in during a match to score points on another two person team. It is total points at the end of 2 minutes.

Illegal Techniques: Sweeps, strikes to illegal target areas, excessive contact, unsportsmanlike conduct are all subject to penalty points and disqualification.

Required gear: Amerikick sparring gear is required. **Chest protectors are mandatory** and face shields are optional.

Grappling - There will be two divisions you can do. Gi or No Gi. In the Gi division you will need a traditional Jiu Jitsu Gi. No Gi you need to have shorts and a form fitted shirt. Rash Guards are recommended. The rules will be given that day in the ring depending on your skill level.

All Adult forms, weapons, sparring will be held at 9:00am.

All Grappling divisions will be held at 9:15am.

All Open Musical Form/Weapons will be held at 1:15pm.

All Traditional and Extreme forms will be held at 1:15pm.

All Tag Team sparring will be held at 1:15pm.

AGES	White	Yellow	Orange	Purple	Blue	Green	Brown	Red	Black
2-3	9:00 am	9:00 am	9:00 am	9:00 am	9:00 am	9:00 am	9:00 am		
4-5	9:00 am	9:00 am	9:00 am	9:00 am	9:00 am	9:00 am	9:00 am		
6-7	9:30 am	9:45 am	10:00 am	10:15 am	10:30 am	11:00 am	12:00 pm	12:30 pm	1:00 pm
8-9	9:30 am	9:45 am	10:00 am	10:15 am	10:30 am	11:00 am	1:200 pm	12:30 pm	1:00 pm
10-11	9:30 am	9:45 am	10:00 am	10:15 am	10:30 am	11:00 am	12:00 pm	12:30 pm	1:00 pm
12-13	9:30 am	9:45 am	10:00 am	10:15 am	10:30 am	11:00 am	12:00 pm	12:30 pm	1:00 pm
14-15	9:30 am	9:45 am	10:00 am	10:15 am	10:30 am	11:00 am	12:00 pm	12:30 pm	1:00 pm
16-17	1:00 pm	1:00 pm	1:00 pm	1:00 pm	1:00 pm	1:00 pm	1:00 pm	1:00 pm	1:00 pm
18-29	9:00pm	9:00am	9:00am	9:00am	9:00am	9:00am	9:00am	9:00am	9:00am
30-39	9:00am	9:00am	9:00am	9:00am	9:00am	9:00am	9:00am	9:00am	9:00am
40-49	9:00am	9:00am	9:00am	9:00am	9:00am	9:00am	9:00am	9:00am	9:00am
50-59	9:00am	9:00am	9:00am	9:00am	9:00am	9:00am	9:00am	9:00am	9:00am

RATING POINTS

1ST PLACE	30 POINTS
2ND PLACE	25 POINTS
3RD PLACE	20 POINTS
4TH PLACE	15 POINTS
5-8 PLACE	10 POINTS

PRICING

First Event	\$30	
Each Additional	\$5	
BBC Members	\$30	Three Events. \$5 each additional
MC Members	\$30	Three Events. \$5 each additional
Spectators	Free	